

# Information Request

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## Block Capitals

Name \_\_\_\_\_

Address: \_\_\_\_\_  
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Tel. No. \_\_\_\_\_

Mobile No. \_\_\_\_\_

E-mail: \_\_\_\_\_

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Signed : \_\_\_\_\_

Date : \_\_\_\_\_

Please forward completed form to:-

**Neil Dawn Associates,  
Belleek Avenue,  
Ballina,  
County Mayo**

## Contact Details

Anne 087 2394529  
Or  
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Neil Dawn Associates  
is a  
FETAC & City & Guilds  
Registered Centre



### Neil Dawn Associates

Belleek Avenue  
Ballina  
Co Mayo  
Ireland

# Neil Dawn Associates



## Activities of Living Patient Care

*FETAC – Level 5*



## Course Details

Activities of living patient care programme is designed to provide the learner with the skills and knowledge necessary to provide care for people in a variety of settings working under the direction and supervision of nursing staff. This course is based on *The Elements of Nursing* and closely follows the *National Quality Standards for Residential Care Settings for Older People*. The **HIQA** Standards are woven into the programme content, ensuring the appropriate standards are fully explained. Using the FETAC framework students will gain knowledge from understanding the holistic care for patients while demonstrating the elements of activities of living. It will enable the carer to assist a patient/client in the activities of living while promoting a safe environment and meet the **HIQA Standards**. This module also includes understanding breathing, pulse and blood pressure rates and demonstrating competencies in measuring, recording and reporting blood pressure rate manually and electronically.

This learning module has been developed to enable participants build their competence and confidence in a unique learning style that caters for individual learning needs and abilities.

## Learning Outcomes

On completion of this programme participants will be able to:-

1. Outline the role of health worker in the activities of living patient care in line with **HIQA** Standards.
2. Communicate effectively with patients, relatives, co-workers, multidisciplinary teams including staff and management.
3. Recognise individual patient's needs and requirements and carryout assistance with all necessary physical and medical requirements with supervision of a nurse.
4. Demonstrate good working practices in the provision of individualised holistic care..
5. Maintain a healthy safe environment in the workplace, ensuring highest standards.
6. Understand and work to the required Statutory procedures and policies as set down by the overseeing authorities.

## Programme Content

The programme is grouped into 2 units

- Activities of Living Patient Care
- Caring for Patient/Client Utilising Activities of Living.

## Assessment Process

All assessment is carried out in accordance with FETAC regulations. Assessment is devised by the internal assessor, with external moderation by FETAC.

### Demonstration Skills 70%

Students will be assessed in a broad range of skills and will demonstrate practical tasks. They will be observed and assessed demonstrating competence in carrying out activities including taking a pulse, breathing, blood pressure, weight, fluid balance, urinalysis and temperature while paying particular attention to the client.

### Project – 30%

Candidates will produce a project brief that demonstrates their understanding of individual needs of the patient which includes the following:-

- Understanding and concepts associated with caring for the patient/clients
- Use research of relevant sources of information
- Analyse, evaluation and reflect on their interventions and to communicate and report appropriately.

### Certification

On completion of this programme students will receive a minor award at FETAC level 5 – Activities of Living Patient Care (L22441). It carries a value of one towards the Certificate in Health Service Skills.

**This “learning” programme uses techniques that increase individual’s ability to learn and desire to implement new learning. Each session will be highly participative, with practical exercises, role-play and plenary discussion**

## Programme Schedule

This module can be delivered over four days. One day per week over four weeks

### Desired Admission Requirements

- General standard of education.
- Ability to learn in a group environment.

## Neil Dawn Associates

Neil Dawn Associates is based in Ballina, County Mayo and has provided training to all types of organisations from FETAC level 3 programmes to currently running a Masters Degree programme accredited by Leeds Metropolitan University. Established in 2000 and based in Ballina Neil Dawn Associates offers quality training with excellent results.

### HIQA Quality Assurance Programme

The new *National Quality Standards for Residential Care Settings for Older People* in Ireland and the **Health Information and Quality Authority (HIQA)** have been established to drive high quality and care for people using our health and social services.

To enable Care homes to meet the 7 sections and 32 standards of HIQA Neil Dawn Associates have developed a coaching programme to assist care homes develop their Quality Assurance processes in order to meet the requirements of the **HIQA** Standards. The programme will enable care home proprietors, management and staff to meet their responsibilities in the development of the procedures and the inspection.

Whilst the coaching programme can be undertaken on a one-to-one basis it is much better completed within a local network of Care Homes learning with and from each other.

For more information contact: Anne