

Information Request

(Please complete all sections in block capitals)

Block Capitals

Name _____

Address: _____

Tel. No. _____

Mobile No. _____

E-mail: _____

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Signed : _____

Date : _____

Please forward completed form to:-

**Neil Dawn Associates,
Belleek Avenue,
Ballina,
County Mayo**

Contact Details

Anne 087 2394529
Or
Neil Dawn 087-2907850

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Neil Dawn Associates
is a
FETAC & City & Guilds
Registered Centre



Neil Dawn Associates

Belleek Avenue
Ballina
Co Mayo
Ireland

Neil Dawn Associates



Safety and Health at Work

FETAC – Level 5



Course Details

The Safety & Health at Work programme will provide learners with the skills and knowledge to promote and maintain a safe and healthy environment at work. Using the FETAC framework students will gain knowledge from understanding safe work practices and procedures from promoting a good health and exercise lifestyle to understand the importance of legislation, food hygiene practices, including HACCP in food handling. Students understand the importance of hazard analysis and risk assessment when implementing a safe working environment.

This learning module has been developed to enable participants build their competence and confidence in a unique learning style that caters for individual learning needs and abilities.

Learning Outcomes

On completion of this programme participants will be able to:-

1. Understand and be familiar with legislation in Safety and Health and carry out safe work practices.
2. Promote Health and the importance of nutrition, exercise and the work/life balance.
3. Understand the concepts of safety and Health at Work.
4. Understand the importance of dealing with hazards, accidents and the necessary procedures for documenting all incidents.
5. Communicate effectively with co-workers, management and staff.
6. Apply the principles and procedures of health and safety in the workplace including fire prevention and use of equipment, basic first aid techniques, manual handling and control of accidents in a work environment.

Programme Content

This programme is not grouped into units but covers areas such as:-

- Safety, Health & Welfare at Work Legislation
- Communication & training to promote safety & health in the workplace.
- Hazard analysis and risk assessment
- Lifting and Handling techniques
- Procedures for dealing with accidents, fire, all equipment, and reporting practices.
- Promotion of health, exercise & good health
- Nutrition and balanced diet

Assessment Process

All assessment is carried out in accordance with FETAC regulations. Assessment is devised by the internal assessor, with external moderation by FETAC.

Assignments (2 X 30%) - 60%

Students will be required to produce two assignments that demonstrate their knowledge of Safety and Health at Work.

- 2 Assignment – Students will examine two aspects of safety and/or health in the workplace.

Exam (Theory Based) – 40%

There are two parts to the examination

1. 12 short answer questions – answer 10
2. 3 Structured questions – answer 2

Certification

On completion of this programme students will receive a minor award at FETAC level 5 – Safety and Health at Work (D20165). It carries a value of one towards the Certificate in Health Service Skills.

This “learning” programme uses techniques that increase individual’s ability to learn and desire to implement new learning. Each session will be highly participative, with practical exercises, role-play and plenary discussion

Programme Schedule

This module can be delivered over four days. One day per week over four weeks

Desired Admission Requirements

- General standard of education.
- Ability to learn in a group environment.

Neil Dawn Associates

Neil Dawn Associates is based in Ballina, County Mayo and has provided training to all types of organisations from FETAC level 3 programmes to currently running a Masters Degree programme accredited by Leeds Metropolitan University. Established in 2000 and based in Ballina Neil Dawn Associates offers quality

HIQA Quality Assurance Programme

The new *National Quality Standards for Residential Care Settings for Older People* in Ireland and the **Health Information and Quality Authority (HIQA)** have been established to drive high quality and care for people using our health and social services.

To enable Care homes to meet the 7 sections and 32 standards of HIQA Neil Dawn Associates have developed a coaching programme to assist care homes develop their Quality Assurance processes in order to meet the requirements of the **HIQA** Standards. The programme will enable care home proprietors, management and staff to meet their responsibilities in the development of the procedures and the inspection.

Whilst the coaching programme can be undertaken on a one-to-one basis it is much better completed within a local network of Care Homes learning with and from each other.

For more information contact: Anne